

Background

Overall, a diagnosis of breast cancer during pregnancy (BCP) appears not to impact maternal prognosis if standard treatment is offered (1-3). However, caution is warranted as gestational changes in pharmacokinetics with respect to the distribution, metabolism and excretion of drugs may lead to reduced chemotherapy concentration in pregnant patients (4,5). This cohort study was designed to focus on the maternal prognosis of BCP patients that receive chemotherapy during pregnancy.

Patients and Methods

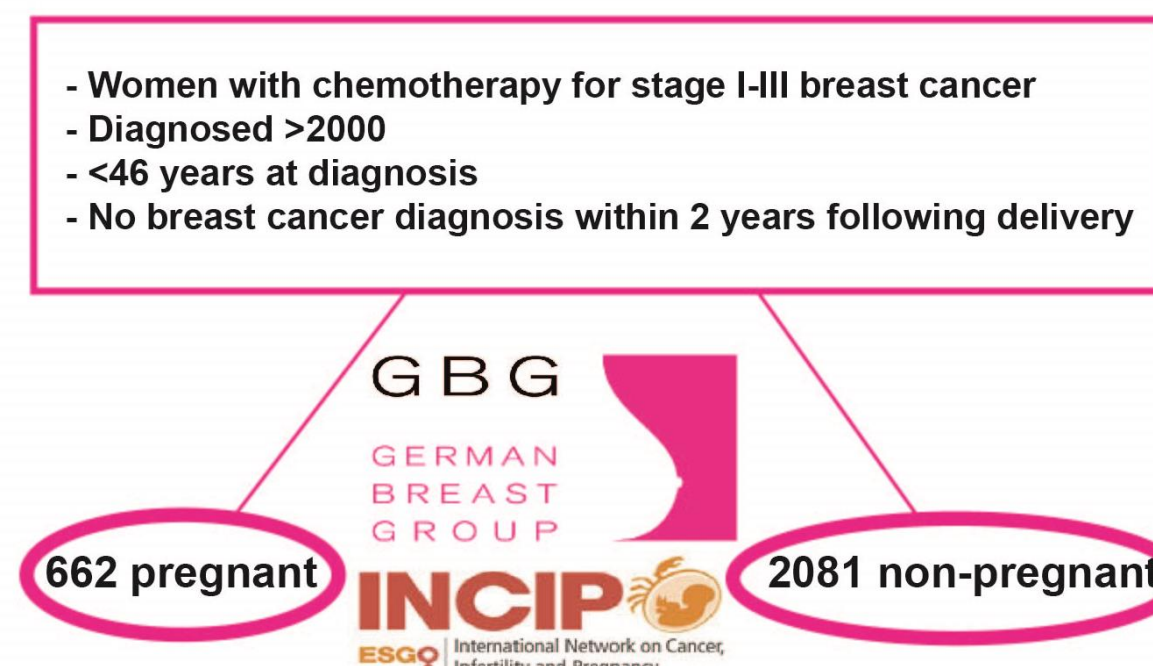
Trial design

The outcome of BCP patients treated with chemotherapy during pregnancy was compared to non-pregnant breast cancer patients treated with chemotherapy, diagnosed after 2000, excluding postpartum diagnosis and with an age limit of 45 years. The data was registered by two multicentric registries (the International Network of Cancer, Infertility and Pregnancy and the German Breast Cancer Group) that collect both retro-and prospectively breast cancer data. **Primary and secondary objectives** were to compare disease-free (DFS) and overall survival (OS), respectively, between patients treated with chemotherapy during pregnancy for BCP and patients not diagnosed in association with a pregnancy.

Statistical consideration

Cox proportional hazards regression was used to compare DFS and OS between both groups, adjusting for stage (I, II or III), grading (gr 1-2 versus gr 3), histologic tumor type (lobular versus non-lobular), estrogen receptor (ER)/progesterone receptor (PR) status (positive or negative), human epidermal growth factor receptor 2 (HER2) status (HER2-negative vs HER2-positive without or unknown anti-HER2 treatment vs HER2-positive with single anti-HER2 agent treatment) and type of chemotherapy (anthracycline-based only, anthracyclines and taxanes, non-standard treatment); and weighted by propensity scoring in order to account for the differences in baseline characteristics between pregnant patients and controls. Missing values for covariates were imputed.

Figure 1. Study Design



• **662 pregnant and 2081 non-pregnant** women who received chemotherapy for breast cancer, were eligible for analysis (Figure 1).

• Pregnant patients were more likely to have **stage II breast cancer, grade 3 tumors, hormone receptor-negative tumors or triple-negative breast cancer** (Table 1).

• With a median follow-up of 66 months, the observed 5-year DFS was 76.9% (73.2% for pregnant and 78.1% for non-pregnant) and 5-year OS was 88.1% (84.2% and 89.2% respectively). **DFS and OS were comparable for pregnant and non-pregnant patients** (Figure 2).

• A **subgroup** analysis of 339 women that received more than 60% of chemotherapy during pregnancy (cut-off at median) revealed a comparable survival compared to non-pregnant women. Proportion of chemotherapy during pregnancy did not impact survival in the pregnant group (Figure 2).

Results

Figure 2: Forest plot with results of multivariable Cox proportional hazard regression of Disease-free (DFS) and Overall Survival (OS) by subgroups of interest

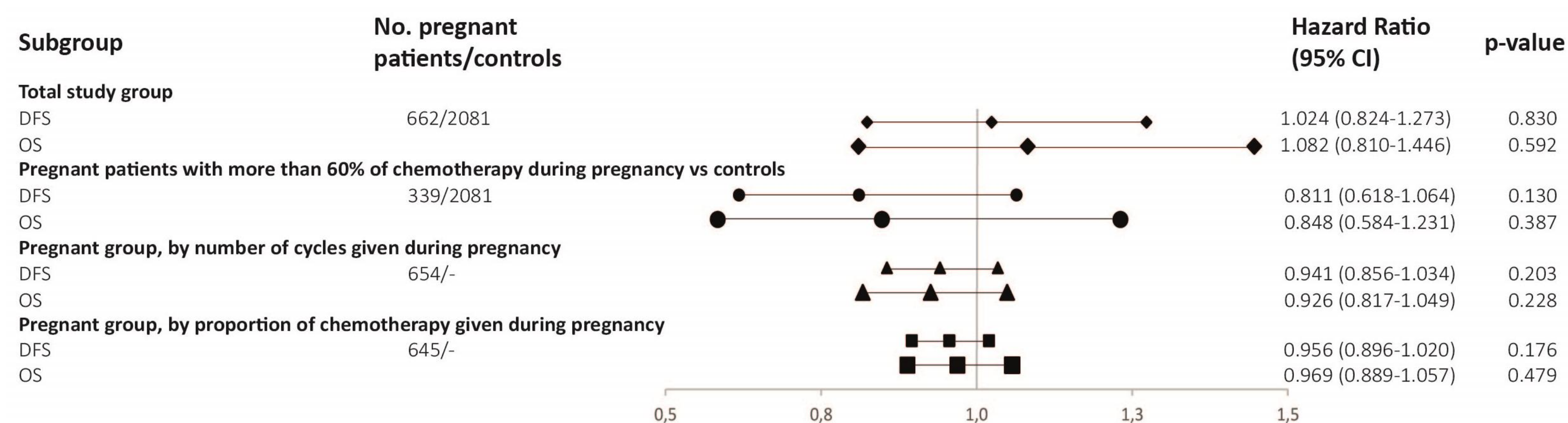


Table 1. Baseline characteristics

Characteristic	Overall No.	%	Pregnant No.	%	Non-pregnant No.	%	p-value
No. of patients	2743		662		2081		
Age (years)							
Median, range	37, 19-47		34, 22-47		38, 19-45		<.001
Stage							0.035
stage I	516	19.8	97	16.1	419	20.9	
stage II	1486	57.0	361	60.1	1125	56.1	
stage III	603	23.1	143	23.8	460	23.0	
missing	138		61		77		
Histological tumor type							0.016
Non-lobular	2581	95.2	634	96.9	1947	94.6	
Lobular invasive	131	4.8	20	3.1	111	5.4	
missing	31		8		23		
Grading, dichotomized							<.001
G1-2	928	35.1	159	26.0	769	37.8	
G3	1718	64.9	453	74.0	1265	62.2	
missing	97		50		47		
HER2 status							0.472
negative	1937	72.6	443	71.5	1494	73.0	
positive	730	27.4	177	28.5	553	27.0	
missing	76		42		34		
Hormone receptor status							<.001
both ER and PgR	1014	37.4	310	48.4	704	34.0	
negative	1696	62.6	330	51.6	1366	66.0	
ER and/or PgR positive							
missing	33		22		11		
Chemotherapy							0.089
Anthracycline	579	21.1	147	22.2	432	20.8	
Anthracycline + taxane	1916	69.9	469	70.8	1447	69.5	
Non-standard chemotherapy	248	9.0	46	6.9	202	9.7	
missing	0		0		0		

Abbreviations: BC: breast cancer, ER: estrogen receptor, PR: progesterone receptor, HER2: Human Epidermal growth factor Receptor 2

Conclusions

Pregnancy-induced alternations in chemotherapy concentration does not seem to affect maternal prognosis in breast cancer patients. These results support initiation of chemotherapy for BCP where indicated for oncological reasons.

References

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